

## PERSONAL INFORMATION

Ivana Bojić



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Sex female | Date of birth 31/08/1976 | Nationality Serbian

## WORK EXPERIENCE

ntanjku

2020. - Full Professor  
Faculty of Sport and Physical Education, University of Niš
2015. – 2020. Associate Professor  
Faculty of Sport and Physical Education, University of Niš
2012. – current Head of Department of theoretical – methodological sciences  
Faculty of Sport and Physical Education, University of Niš
2010. -2015. Assistant Professor  
Faculty of Sport and Physical Education, University of Niš
2007. - 2010. Assistant  
Faculty of Sport and Physical Education, University of Niš
2000. – 2006. Teaching assistant  
Faculty of Sport and Physical Education, University of Niš

## EDUCATION AND TRAINING

2008. Doctor of Science in Physical Education and Sports  
Doctorial thesis entitled „ *The Impact of Specially Programmed Training Process on Basic Coordinational and Specific Motoric Abilities of Young Female Handball Players* “
2005. Master of Sciences of Physical Education  
Master's thesis entitled „ *A Model of Situational Motoric Abilities of Serbia and Montenegro Handball Players* “
1995. – 1999. Student at University of Physical Culture in Nis

## PERSONAL SKILLS

Mother tongue(s) Serbian

Other language(s)	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
English	C1	C1	C1	C1	C1
German	/	A1	/	/	A1

Communication skills ▪ Good teaching skills gained through my experience as professor

Organisational / managerial skills ▪ Leadership (currently responsible for a team of 14 people)

Driving licence B

Courses English language

Certifications English certificate

- Publications**
- Petković, D. & Bojić, I. (2010).** "Sports training – practicum". Niš: Faculty of Sport and Physical Education, University of Niš
- Presentations**
- Bojić, I., Mitić, P., & Radovanović, D. (2019).** Fatigue and recovery in sports. Niš: Faculty of Sport and Physical Education, University of Niš
- Projects**
- "Muscular power in resistance exercise under unstable conditions: Application in sport and rehabilitation" (Project leaders Prof. Erika Zemkova PhD and Prof. Dragan Mirkov PhD, Project duration 2010-2011, Project number SK-SRB-0023-09) Serbian–Slovak Bilateral Cooperation: Slovak Research and Development Agency, Ministry of Education of the Slovak Republic and Ministry of Science and Technological Development of Republic of Serbia).
- Conferences**
- Bojić, I.,** Petković, D. (2011). Arm strength and shoulder strength development program for handball players on "Kinesis". *Proceedings of 5<sup>th</sup> International Scientific Conference "Optimization of load in physical and sports education"*, (pp. 45–52). Bratislava: Department of Physical education and Sport, Slovak Technical University Bratislava, Slovakia.
- Bojić, I.,** Kocić, M., Nurkić, T., Milenković, M. (2013). Application of polygon for the development of basic – coordination abilities of female handball players. In S. Pantelić, *XVI Scientific Conference "Fis Communications 2013" in physical education, sport and recreation and I International Scientific Conference* (34 - 41). Niš: Faculty of sport and physical education, University of Niš.
- Ademović, I., Milenković, D., Berić, D., **Bojić, I.** & Kocić, M. (2014). Jumping abilities of vertical and horizontal direction in basketball, In S. Pantelić (Ed.), *XVII Scientific Conference "Fis Communications 2014" in physical education, sport and recreation and II International Scientific Conference* (pp. 163 – 167). Niš: Faculty of sport and physical education, University of Niš.
- Pavlović, Lj., **Bojić, I.,** Berić, D. (2014). A Comparative Analysis Of Handball Tactics In Serbia, Germany And Spain. In S. Pantelić (Ed.), *XVII Scientific Conference "Fis Communications 2014" in physical education, sport and recreation and II International Scientific Conference* (pp. 157 – 162). Niš: Faculty of sport and physical education, University of Niš.
- Veličković, M., **Bojić, I.,** Nejković, Z. (2014). The development of strength in volleyball (review paper). In V. Živković (Ed), *I International scientific Conference Ohrid 2014 "Research in physical education, sport & health* (249 – 254). Skopje: Faculty of physical education, sport and health, Ss. Cyril and Methodius University in Skopje.
- Bojić, I.,** Pavlović, Lj. (2014). Correlation Between Coordination And Situational - Motor Abilities Of Young Female Handball Players. In V. Živković (Ed.), *I International scientific Conference Ohrid 2014 "Research in physical education, sport & health*, (405 – 410). Skopje: Faculty of physical education, sport and health, Ss. Cyril and Methodius University in Skopje.
- Veličković, M., Ružić, S. Đošić, A., **Bojić, I.** and Nejković, Z. (2015). University students' attitudes towards the importance of being physically active. In S. Pantelić (Ed.), *XVII Scientific Conference "Fis Communications 2015" in Physical Education, Sport and Recreation and II International Scientific Conference* (pp. 229 – 235). Niš: Faculty of sport and physical education, University of Niš.
- Veličković, M., Kocić, M., **Bojić, I.** and Nejković, Z. (2015). Situational success in volleyball: review. In S. Pantelić (Ed.), *XVII Scientific Conference "Fis Communications 2015" in physical education, sport and recreation and II International Scientific Conference* (pp. 377 – 382). Niš: Faculty of sport and physical education, University of Niš.
- Nikolić, D., Kocić, M., **Bojić, I.,** Veličković, M., & Berić, D. (2016). Characteristics of the development of the explosive strength and agility in young basketball. In S. Pantelić (Ed), *XIX International Scientific Conference „FIS Communications 2016" in physical education, sport and recreation* (pp. 138-145). Niš: Faculty of Sport and Physical Education, University of Niš.
- Bojić, I.,** Kocić, M., Veličković, M. and Nikolić, D. (2017). Correlation between morphological characteristics and situational – motor abilities of young female handball players. In Saša Pantelić (Ed.), *XX International Scientific Conference „FIS communications 2017" in physical education, sport and recreation* (pp. 317 - 322). Niš: Faculty of Sport and Physical

Education, University of Niš.

**Bojić, I.**, Mihajlović, M., Smajić, M. & Nedelkovski, V. (2018). Differences in speed and agility of young football players after the SAQ experimental training programme. In: Miodrag Kocić (Ed.), *XXI International Scientific Conference „FIS Communications 2018” in physical education, sport and recreation* (pp. 89-92). Niš: Faculty of Sport and Physical Education, University of Niš.

Đurović, M., Dopsaj, M., Madić, D., **Bojić, I.**, & Okičić, T. (2018). Differences between the influence of squat jump performance and lower body isometric muscle force in the function of the swimming start performance efficiency. In: Takagi, H., Ohgi, Y., Sengoku, Y., Gonjo, T. (Eds.), *XIII th International Symposium on Biomechanics and Medicine in Swimming Proceedings*, (pp. 356-363). Tsukuba: University of Tsukuba, Japan.

Kocić, M., Mitić, M., Berić, D., **Bojić, I.**, & Milenkovic, D. (2019). Differences in agility of basketballs in relation to playing positions in the team during the competition season. In N. Stojiljković (Ed), *XXII International Scientific Conference „FIS Communications 2019” in physical education, sport and recreation* (pp. 86-91). Niš: Faculty of Sport and Physical Education, University of Niš. UDC 796.323:52-68.

**Bojić, I.**, Kocić, M., Valdevit, Z., & Pejčić, A. (2019). Differences in body composition and motor abilities among female handball players relating to positions in the team. In N. Stojiljković (Ed), *XXII International Scientific Conference „FIS Communications 2019” in physical education, sport and recreation* (pp. 91-98). Niš: Faculty of Sport and Physical Education, University of Niš. UDC 796.323:52-68.

Stanković, M., **Bojić, I.**, & Mihajlović, M. (2021). Changes in Speed and Agility of Young Football players under the Experimental Training Programme. In N. Stojiljković (Ed), *XXIII International Scientific Conference „FIS Communications 2021” in Physical Education, Sport and Recreation* (pp. 27-31). Niš: Faculty of Sport and Physical Education, University of Niš. UDC 796.012.13.332:27-31.

#### Honours and awards

As an active handball player on handball teams of Duvanska Industrija Nis in 1987 and remained its member until July 2004. Some of the most significant achievements with the Duvanska Industrija Nis teams are:

- 1997-'98 – Vice-champions of the Yugoslavia Cup;
- 1998-'99 – European Cup Winners Cup;
- 2001-'02 – EHF European championship;
- 2002-'03 - EHF European championship; 2<sup>nd</sup> place in the national championship; Serbia and Montenegro Cup finalists;
- 2003-'04 – European Champion League; winners of the Serbia and Montenegro Cup

#### References

Bubanj, S., Okičić, T., Živković, M., Stanković, R., **Bojić, I.** & Bubanj, R. (2011). Differences in manifested explosive strength tested by means of the vertical jump with and without previous static stretching, *Facta universitatis-series: Physical Education and Sport*, 9 (2), 151 – 159.

Bratic, M., Radovanovic, D., Ignjatovic, A., **Bojic, I.**, Stojiljkovic, N. (2012). Changes in the muscular outputs of young judoists during resistance exercise performed on unstable equipment: A case study, *Archives of Budo, Science of martial arts 2012*, 8 (1), 7-12.

Stanišić, Z., Berić, D., **Bojić, I.**, Nurkić, M., Kocić, M. (2012). The effects of specially adapted basketball training program in adolescents with mental retardation: a pilot study, *Serbian Journal of Sports Sciences*, 6 (3), 89-93.

Fratrić, F., Orlić, D., Badža, V., Nešić, M., Goranović, K., & **Bojić, I.** (2012). Relations between intellectual and motor abilities in younger schoolchildren. *Facta universitatis-series: Physical Education and Sport*, 10(1), 49-57.

Kovačević, T., **Bojić, I.** & Koprivica, V. (2013). Motor abilities of young female tennis players of the national team of Serbia, *Facta universitatis-series: Physical Education and Sport*, 11(1), 93 - 102.

Stanković, V., Malacko, J., **Bojić, I.**, Ilić, J. (2013). The relations between morphological variables and normal and pathological conative characteristics of handball players,

*SportLogia*, 9 (2), 89 – 99.

Stanković, V., Ilić, J. & **Bojić, I.** (2014). The relations between mechanisms of movement and the cognitive abilities of handball players of various ranks of competition, *Facta universitatis-series: Physical Education and Sport*, 12(2), 145 - 154.

Pavlović, Lj., **Bojić, I.** & Radovanović, D. (2015). Variations of muscular strength and power in male handball players within an entire season, *Facta universitatis-series: Physical Education and Sport*, 13(1), 11 – 18.

**Bojić, I.**, Kocić, M. & Stajić, S. (2015). The explosive power of the lower limbs in basketball and handball players, *Facta universitatis-series: Physical Education and Sport*, 13(1), 1 - 9.

Kocić, M., **Bojić, I.**, Aleksandrović, M., Ignjatović, A. & Radovanović, D. (2017). Physical Activity in Adolescent with Mental Retardation: Is Adapted Basketball Training Adequate Stimulus to Improve Cardiorespiratory Fitness and Sport Skills Performance? *Acta facultatis medicae Naissensis*, 34 (2), 159-168.

Veličković, M.; **Bojić, I.** & Berić, D. (2017). The Effects Of Programmed Training On Development Of Explosive Strength In Female Volleyball Players. *Facta Universitatis, Series: Physical Education and Sport*, 15 (3), pp. 493 – 499.

Vitošević, B., Smajić, M., Dimitrić, G., Buković, D., **Bojić, I.**, Radanović, B., Protić-Gava, B. & Filipović, M. (2018). The potential implications of exercise-induced epigenetic modifications. In *Vojnosanitetski Pregled*. Online First March, 2018. DOI: <https://doi.org/10.2298/VSP170210038V> -

Kocić, M., **Bojić, I.**, Aleksandrović, M., Ignjatović, A. & Radovanović, D. (2017). Physical Activity in Adolescent with Mental Retardation: Is Adapted Basketball Training Adequate Stimulus to Improve Cardiorespiratory Fitness and Sport Skills Performance? *Acta facultatis medicae Naissensis*, 34 (2), 159-168.

Smajić, M., Simić, S., Čokorilo, N., Kapidžić, A., Tomić, B., & **Bojić, I.** (2017). Differences in particular motor abilities in young football players. In Veroljub Stanković & Toplica Stojanović (Eds), *The 5th international conference anthropological and teo-anthropological views on physical activity from the time of constantine the great to modern times* (pp 37-38). Leposavić: Faculty of Sport and Physical Education , University of Priština.

Vitošević, B., Smajić, M., Dimitrić, G., Buković, D., **Bojić, I.**, Radanović, B., Protić-Gava, B. & Filipović, M. (2018). The potential implications of exercise-induced epigenetic modifications. In *Vojnosanitetski Pregled*. Online First March, 2018. DOI: <https://doi.org/10.2298/VSP170210038V>.

Pavlović, Lj., **Bojić, I.**, Stojiljković, N., Djordjević, D. & Radovanović, D. (2018). Seasonal Changes in Selected Physical and Physiological Variables in Male Handball Players. *Acta Facultatis Medicae Naissensis*, 35(3), 226-235. DOI: 10.2478/afmnai-2018-0024 , UDC: 796.015.521.54:796.322-051.

Mitić, M., Paunović, M., Živković, M., Stojanović, N., **Bojić, I.** & Kocić, M. (2018). Differences In Agility And Explosive Power Of Basketball Players In Relation To Their Positions On The Team, *Facta universitatis-series: Physical Education and Sport*, 16 (4), 739 – 747. (M24)

Kocić, M., Mitić, M., Berić, D., **Bojić, I.**, & Milenkovic, D. (2019). Differences in agility of basketballs in relation to playing positions in the team during the competition season. In N. Stojiljković (Ed), *XXII International Scientific Conference „FIS Communications 2019“ in physical education, sport and recreation* (pp. 86-91). Niš: Faculty of Sport and Physical Education, University of Niš. UDC 796.323:52-68. M33

**Bojić, I.**, Kocić, M., Valdevit, Z., & Pejčić, A. (2019). Differences in body composition and motor abilities among female handball players relating to positions in the team. In N. Stojiljković (Ed), *XXII International Scientific Conference „FIS Communications 2019“ in physical education, sport and recreation* (pp. 91-98). Niš: Faculty of Sport and Physical Education, University of Niš. UDC 796.323:52-68 M33

**Bojić, I.**, Valdevit, Z., & Veličković, M. (2019). The Causes And Prevention Of Injuries In Handball. *Journal for Social Sciences "TEME"*, 43(3), 423-438. doi: <https://doi.org/10.22190/TEME191015004B> (M24)

**Bojić, I.**, Stojiljković, N., Valdevit, Z., Veličković, M., & Nikolić, D. (2019). Changes In Speed, Agility And Body Composition Of Top-Ranked Female Handball Players During The Playing Season. *Facta universitatis-series: Physical Education and Sport*, 17(3), 515-522. doi: 10.22190/FUPES191205045B, UDC 796.012.322 (M24)

**Bojić, I.**, Živković, M., Kocić, M., Veličković, M., & Milenković, D. (2019). Differences In The Explosive Strength Of The Top-Ranked Female Handball Players During The Competition. *Facta universitatis-series: Physical Education and Sport*, 17(3), 601-608. doi: 10.22190/FUPES191205054B, UDC 796.012.322 (M24)

Stanković, M., **Bojić, I.** & Mihajlović, M. (2021). Changes In Speed And Agility Of Young Football Players Under The Experimental Training Programme. In N. Stojiljković (Ed.), *XXIII International Scientific Conference „FIS Communications 2021” in physical education, sport and recreation* (In print). Niš: Faculty of Sport and Physical Education, University of Niš.

Courses English language

Certifications English certificate